STRIPED CROCHET SLIPPER SOCKS

Sage green • Cream • Warm beige | Adult women's medium



Finished slipper and flat U-shaped upper shown in the design reference.

Introduction

These striped crochet slipper socks combine a rounded sage-green toe, narrow cream and sage bands, a warm beige textured body, and a neat sage opening. The low-cut shape is designed for indoor wear and is worked as a pair using US crochet terminology. The construction follows the reference: make two oval soles, then make one U-shaped upper for each slipper. The upper has a striped bridge across the toe and instep, with two long textured arms that extend back along the sides and meet at the heel. Sew the upper to the sole and finish the opening with sage edging.

Pattern at a glance

Skill level: Intermediate beginner
Size: Adult women's medium; intended for a foot about 24.5 cm long and 8.5–9 cm wide at the ball
Finished sole target: 24–24.5 cm long and about 9 cm wide
Construction: Two oval soles plus two U-shaped uppers
Terms: US crochet terms
Fit note: Crochet fabric and foot shapes vary. Measure the sole and try the first upper against the foot before making the second slipper.

Materials

• Worsted-weight yarn (category 4), smooth acrylic or acrylic/wool blend
• Color A: sage green — approximately 90 g for the pair
• Color B: cream — approximately 25 g for the pair
• Color C: warm beige — approximately 110 g for the pair
• 4.0 mm crochet hook; use the hook that gives a firm but flexible fabric
• Stitch markers, yarn needle, scissors, measuring tape
Yarn quantities are estimates and vary with yarn brand, gauge, and foot size.

Gauge

Work a 4 × 4 in (10 × 10 cm) swatch in single crochet. Target gauge: 18 stitches and 18 rows = 4 in (10 cm). The sole should be dense and firm; the upper should bend comfortably around the foot. If your swatch is wider than 4 in, try a smaller hook. If narrower, try a larger hook. Keep the same hook for all three colors.

Abbreviations

ch = chain; sl st = slip stitch; sc = single crochet; BLO = back loop only; inc = 2 sc in the same stitch; st(s) = stitch(es); RS = right side; WS = wrong side; FO = fasten off.

Special stitch and working notes

Single crochet in back loop only (sc BLO): Insert the hook under the back loop only of the next stitch, yarn over and pull up a loop, yarn over and pull through both loops. This creates the raised lengthwise ribbing on the beige arms.
Turning chain: Ch 1 at the beginning of a row. It does not count as a stitch.
Color changes: On the last stitch before a new color, work the final yarn-over with the new color. Carry unused yarn loosely up the side only across short stripe sections; otherwise fasten off and weave in ends.

Part 1 — Oval soles (make 2)

Use Color A and 4.0 mm hook. The sole is worked in continuous rounds around a foundation chain. Place a marker in the first stitch of each round and move it up as you work. Do not turn.
Foundation: Ch 25.
Round 1: Sc in 2nd ch from hook and in next 22 ch, 3 sc in last ch. Working along the opposite side of the foundation chain, sc in next 22 loops, 2 sc in the final loop. (50 sts)
Round 2: Sc in next 22 sts, inc in each of next 3 sts, sc in next 22 sts, inc in each of next 3 sts. (56 sts)
Round 3: Sc in next 22 sts, [sc in next st, inc in next st] 3 times, sc in next 22 sts, [sc in next st, inc in next st] 3 times. (62 sts)
Round 4: Sc in each st around. (62 sts)
Join with sl st to first sc and FO. The sole should lie flat. Target measurement is approximately 24–24.5 cm long and 8.5–9 cm wide. If the sole is too short, remake with a longer foundation chain; do not stretch it to reach the target.

Part 2 — Striped toe and instep bridge (one per slipper)

The bridge is the wide lower section of the U-shaped upper. It crosses the top of the toes and continues over the instep. Use 4.0 mm hook and work in rows. Ch 19; sc in 2nd ch from hook and across. (18 sts). Ch 1 and turn at the end of each row; the turning chain does not count.
Rows 1–3: Color A, sc across. (18 sts each row)
Rows 4–5: Color B, sc across. (18 sts each row)
Rows 6–9: Color C, sc across. (18 sts each row)
Rows 10–11: Color A, sc across. (18 sts each row)
Rows 12–13: Color B, sc across. (18 sts each row)
Rows 14–17: Color C, sc across. (18 sts each row)
FO, leaving a long sewing tail. The panel should measure about 10 cm wide and 9.5 cm deep. The first sage rows are the toe end; the final beige rows point toward the instep.

Part 3 — Ribbed side arms (make 2 per slipper)

Use Color C. Each arm extends from one long side of the bridge toward the heel. Work the rows along the length of the foot so the raised ribs run from toe to heel.
Foundation: Ch 15.
Row 1: Sc in 2nd ch from hook and across. (14 sts)
Row 2: Ch 1, turn, sc BLO across. (14 sts)
Rows 3–38: Ch 1, turn, sc BLO across. (14 sts each row)
FO, leaving a long tail. Make a second identical arm. Each arm should measure approximately 20–21 cm long and 7.5–8 cm wide. The two arms and bridge form the U-shaped upper.

Part 4 — Join the U-shaped upper

Lay the bridge flat with the sage toe end facing you. Place one arm along the left long edge of the bridge and the second arm along the right long edge. Match the front end of each arm to the bridge's final beige edge; the free arm ends point toward the heel. Sew each arm to the bridge using the long yarn tails, taking one small stitch at a time and keeping the seam flat. Bring the two free arm ends together behind the heel. With Color C, sew the ends together for 5 cm from the sole edge upward. This closes the back of the slipper while leaving the low-cut opening above it. Keep the seam centered at the back.

Part 5 — Opening trim and sole assembly

With RS facing, join Color A at the back seam of the opening. Work 1 round of sc around the opening: place 1 sc in each row-end along the arm edges and 1 sc in each stitch across the bridge-side opening edge. At each corner, work 2 sc in the same point. Adjust the corner stitches so the edge lies flat. Join with sl st and FO. Work one loose round of sl st around the opening for a clean sage finish.

Attach the upper to the sole:

1. Mark the sole at toe center, heel center, and both side midpoints.
2. Mark the upper at toe center, heel seam, and both bridge-to-arm junctions.
3. Place the upper around the sole with RS facing outward. Match toe center first, then heel, then both sides.
4. Pin the spaces between markers. Distribute small differences gradually; do not pull the upper tight enough to pucker the sole.
5. Sew the upper edge to the sole with a firm whipstitch, catching one upper edge loop for each corresponding sole edge stitch. Keep the seam on the underside.
6. Weave in all ends securely.

Make the second slipper

Repeat all steps for the second slipper. Keep the stripe sequence, arm length, heel seam depth, and opening trim identical. Before weaving in the final ends, try both slippers on and check that the toe is not compressed, the heel stays enclosed, and the opening sits comfortably below the ankle bone.

Fit adjustments

Foot longer: Add 1 foundation chain to the sole for each additional 0.5–0.6 cm needed; add 1–2 rows to each arm for each additional 0.5–1 cm of side length. Recheck the sole measurement before making the upper.

Foot shorter: Remove foundation chains until the sole is 0–0.5 cm shorter than the foot; shorten both arms by the same amount.

Wider forefoot: Add 1–2 stitches to the bridge foundation and widen the sole with a balanced increase round at both rounded ends.

Higher instep: Add 2 beige rows to the bridge at the instep end. Keep the toe stripe rows unchanged.

Opening too loose: Work a second sc edging round with 2 decreases spaced evenly at the back half. **Opening too tight:** Remove the edging and rework it with a larger hook.

Care and finishing

Follow the yarn label for washing and drying. Many acrylic blends can be gently hand-washed in cool water and dried flat. Do not use high heat unless the yarn label allows it. For indoor use on smooth floors, add a fabric-safe non-slip product to the sole and follow the product instructions. Check the sole seam and heel seam periodically and secure any loose ends.

PROJECT CHECKLIST

- ■ Two oval soles completed and measured to the intended foot length
- ■ Two striped toe-and-instep bridges completed with matching color sequence
- ■ Four beige ribbed side arms completed to equal lengths
- ■ Both U-shaped uppers joined with centered heel seams
- ■ Sage edging completed around both slipper openings
- ■ Both uppers securely sewn to their soles without puckering

■ All yarn tails woven in and seams checked

■ Both slippers tried on and fit checked before use

A NOTE ABOUT THE PATTERN

This pattern is a suggested, customizable interpretation of the pictured crochet slipper design. Finished size and fit can vary with yarn, hook size, stitch tension, and individual foot shape. Measure your sole as you work and adjust the sole length or side-arm length to suit your foot. For a pair, keep both slippers' stripe placement and measurements consistent.

Happy crocheting!

Made with care • Make the colors your own